



## Moving in the Right Direction in the New Year

Change is an inevitable part of life. If it's time for your loved ones to move, you can help by supporting them in their choices. Together you can cherish the past and look forward to the future and New Year!

When is the right time to move? Would a move make life easier, more enjoyable, safer and healthier? Seniors are often reluctant to make a move, citing fear of change and of the unknown. Leaving your home of many years can be scary, but the good news is that there are many cost-effective options available and you can find something that fits both your needs and your budget.

As your parents grow older, take time to assess their true needs. Those who take the time to research their options are often the most happiest in their new home.

The key to beating procrastination is taking one step at a time, breaking down what seems like an overwhelming task into bit-size, easily digestible chunks. Before you know it, you will be well on your way to a happy and full lifestyle in your new home.



Make the change while they are healthy and can enjoy their new home. If you do your homework and trust your instincts, you will find just the right community that fits your needs and desires.

Relevant testimonials from Ambassadors at Crystal Bay Senior Living; "Once I decided to move, I never looked back, I kept moving forward, and even though it was a lot of work, in the end, I got rid of a lot of stuff I didn't need. Now I live in a place I love." "I love my new home! I'm socializing again. I have freedom and independence without the worry of taking care of my home. Why didn't I do this sooner?"

Visit [www.platinum-communities.com](http://www.platinum-communities.com) to learn about our communities nearest you.

**We are here for you. *Make yourself at Home.***